



# Soup Menu

## MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Cream of 1 Mushroom</b> VEGETARIAN <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's 2 Turkey Chili</b> made with Natural DIESTEL TURKEY <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston 3 Clam Chowder</b> made with Niman Ranch BACON <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Tomato 4 Parmesan</b> GLUTEN FREE <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan
<b>Paleo 5 Cauliflower Turmeric</b> <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Paleo</b>	<b>Chicken 6 Noodle</b> made with Rosie's ORGANIC CHICKEN <input checked="" type="checkbox"/> Meat <input checked="" type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>African 7 Peanut Curry</b> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Paleo</b>	<b>Chard 8 Cannellini &amp; Butternut</b> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's 9 Turkey Chili</b> made with Natural DIESTEL TURKEY <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston 10 Clam Chowder</b> made with Niman Ranch BACON <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Potato 11 Leek</b> made with Niman Ranch BACON <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan
<b>Vegan 12 Split Pea</b> <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>Chicken 13 &amp; Wild Rice</b> made with Rosie's ORGANIC CHICKEN <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>African 14 Peanut Curry</b> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Paleo</b>	<b>Cream of 15 Mushroom</b> VEGETARIAN <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's 16 Turkey Chili</b> made with Natural DIESTEL TURKEY <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston 17 Clam Chowder</b> made with Niman Ranch BACON <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Tomato 18 Parmesan</b> GLUTEN FREE <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan
<b>Paleo 19 Cauliflower Turmeric</b> <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Paleo</b>	<b>Southwestern 20 Chicken</b> made with Rosie's ORGANIC CHICKEN <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>African 21 Peanut Curry</b> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Paleo</b>	<b>Chard 22 Cannellini &amp; Butternut</b> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's 23 Turkey Chili</b> made with Natural DIESTEL TURKEY <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston 24 Clam Chowder</b> made with Niman Ranch BACON <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Vegan 25 Split Pea</b> <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>
<b>White 26 Bean with Roasted Garlic</b> <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>Chicken 27 Noodle</b> made with Rosie's ORGANIC CHICKEN <input checked="" type="checkbox"/> Meat <input checked="" type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>African 28 Peanut Curry</b> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Paleo</b>	<b>Cream of 29 Mushroom</b> VEGETARIAN <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's 30 Turkey Chili</b> made with Natural DIESTEL TURKEY <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston 31 Clam Chowder</b> made with Niman Ranch BACON <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	

**FRESH GREEN SALADS**  
 Chicken Caesar • Nicoise • Southwestern  
 Monterey • Chef • Teriyaki Chicken

**BRUNSWICK STORE • 999 SUTTON WAY • GV**

530-272-2043

**DOWNTOWN GV • 109 NEAL ST • GV**

530-477-2253

**AUBURN TOWN CENTER • 340C ELM AVE • AUB**

530-888-1011

*Soups & chilis made with Mary's Organic Chicken, Diestel Natural Turkey & Niman Ranch Ham.*

Hours: Monday-Saturday 6AM~6PM - Sundays 6AM~5PM • [www.FlourGarden.com](http://www.FlourGarden.com)

SOUP MENU SUBJECT TO CHANGE WITHOUT NOTICE