



# Soup Menu

## JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h3>Organic Juice Bar</h3> <p>Stay healthy!</p>						
<p><i>Happy New Year!</i> <b>CLOSED</b></p>	<p>1 <b>Chicken Noodle</b> 2 made with Rosie's ORGANIC CHICKEN ● Meat ● Wheat ○ Dairy ○ Vegan</p>	<p>3 <b>Fresh Butternut Squash</b> ○ Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>4 <b>Potato Leek</b> made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>5 <b>Mike's Turkey Chili</b> made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>6 <b>Boston Clam Chowder</b> made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>7 <b>Chard Cannellini &amp; Butternut</b> ● Meat ○ Wheat ○ Dairy ○ Vegan</p>
<p>8 <b>Paleo Cauliflower Turmeric</b> ○ Meat ○ Wheat ○ Dairy ● <b>Paleo</b></p>	<p>9 <b>Southwestern Chicken</b> made with Rosie's ORGANIC CHICKEN ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>10 <b>African Peanut Curry</b> ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>11 <b>Cream of Mushroom</b> VEGETARIAN ○ Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>12 <b>Mike's Turkey Chili</b> made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>13 <b>Boston Clam Chowder</b> made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>14 <b>Tomato Parmesan</b> GLUTEN FREE ○ Meat ○ Wheat ● Dairy ○ Vegan</p>
<p>15 <b>Paleo Cabbage Weight Loss</b> ● Meat ○ Wheat ○ Dairy ● <b>Paleo</b></p>	<p>16 <b>Chicken &amp; Wild Rice</b> made with Rosie's ORGANIC CHICKEN ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>17 <b>Fresh Butternut Squash</b> ○ Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>18 <b>Vegan Split Pea</b> ○ Meat ○ Wheat ○ Dairy ● <b>Vegan</b></p>	<p>19 <b>Mike's Turkey Chili</b> made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>20 <b>Boston Clam Chowder</b> made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>21 <b>White Bean with Roasted Garlic</b> ○ Meat ○ Wheat ○ Dairy ● <b>Vegan</b></p>
<p>22/29 <b>Paleo Cauliflower Turmeric</b> ○ Meat ○ Wheat ○ Dairy ● <b>Paleo</b></p>	<p>23/30 <b>Chicken Noodle</b> made with Rosie's ORGANIC CHICKEN ● Meat ● Wheat ○ Dairy ○ Vegan</p>	<p>24/31 <b>African Peanut Curry</b> ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>25 <b>Cream of Mushroom</b> VEGETARIAN ○ Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>26 <b>Mike's Turkey Chili</b> made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>27 <b>Boston Clam Chowder</b> made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>28 <b>Tomato Parmesan</b> GLUTEN FREE ○ Meat ○ Wheat ● Dairy ○ Vegan</p>

Try a....

**Refreshing Green**  
cucumbers, green apples, lemons,  
ginger, spinach and parsley

**Dron Man**  
Apples, parsley, spinach, celery,  
cucumbers and kale

**Pink Lemonade Cleanse**  
beets, cucumbers, lemons, green apples,  
kale, spinach and celery

MONDAY-SATURDAY 6AM-6PM · SUNDAYS 6AM-5PM · [www.FlourGarden.com](http://www.FlourGarden.com)

**BRUNSWICK STORE**  
999 Sutton Way • GV  
530-272-2043

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109 Neal St • GV  
530-477-2253

**AUBURN TOWN CENTER**  
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530-888-1011