



# Soup Menu

Happy Mother's Day  
**MAY 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>African Peanut Curry</b> 1 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's Turkey Chili</b> 2 <i>made with Diestel NATURAL TURKEY</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston Clam Chowder</b> 3 <i>made with Niman Ranch BACON</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Tomato Parmesan</b> 4 GLUTEN FREE <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan
<b>Tomato Parmesan</b> 5 GLUTEN FREE <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Southwestern Chicken</b> <i>made with Rosie's ORGANIC CHICKEN</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Vegan White Bean Roasted Garlic</b> 7 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>African Peanut Curry</b> 8 <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's Turkey Chili</b> 9 <i>made with Diestel NATURAL TURKEY</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston Clam Chowder</b> 10 <i>made with Niman Ranch BACON</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Vegan Broccoli Mushroom</b> 11 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>
<b>Vegan Broccoli Mushroom</b> 12 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>Chicken &amp; Wild Rice</b> 13 <i>made with Rosie's ORGANIC CHICKEN</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Carrot Coconut Ginger</b> 14 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>Vegan White Bean Roasted Garlic</b> 15 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>Mike's Turkey Chili</b> 16 <i>made with Diestel NATURAL TURKEY</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston Clam Chowder</b> 17 <i>made with Niman Ranch BACON</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Tomato Parmesan</b> 18 GLUTEN FREE <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan
<b>Tomato Parmesan</b> 19 GLUTEN FREE <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Chicken Noodle</b> 20 <i>made with Rosie's ORGANIC CHICKEN</i> <input checked="" type="checkbox"/> Meat <input checked="" type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Potato Leek</b> 21 <i>made with Niman Ranch BACON</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>African Peanut Curry</b> 22 <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's Turkey Chili</b> 23 <i>made with Diestel NATURAL TURKEY</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston Clam Chowder</b> 24 <i>made with Niman Ranch BACON</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Vegan Split Pea</b> 25 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>
<b>Vegan Split Pea</b> 26 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>Southwestern Chicken</b> <i>made with Rosie's ORGANIC CHICKEN</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Carrot Coconut Ginger</b> 28 <input type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input checked="" type="checkbox"/> <b>Vegan</b>	<b>African Peanut Curry</b> 29 <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Mike's Turkey Chili</b> 30 <i>made with Diestel NATURAL TURKEY</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<b>Boston Clam Chowder</b> 31 <i>made with Niman Ranch BACON</i> <input checked="" type="checkbox"/> Meat <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Vegan	<h2>May 5th</h2>

in Grass Valley  
 999 SUTTON WAY 272-2043  
 109 NEAL ST 477-2253  
 in Auburn  
 340C ELM AVE 888-1011

**All Soups are  
 Gluten Free!**  
 (except Chicken Noodle)



*Soups & chilis made with Mary's Organic Chicken, Diestel Natural Turkey & Niman Ranch Ham.*  
 Hours: Monday-Saturday 6AM~6PM - Sundays 6AM~5PM • [www.FlourGarden.com](http://www.FlourGarden.com)  
 SOUP MENU SUBJECT TO CHANGE WITHOUT NOTICE