

Stay healthy
this winter -
drink fresh,
organic juice!



Soup Menu

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Happy New Year 2018 CLOSED	1 CLOSED	2 African Peanut Curry ● Meat ○ Wheat ○ Dairy ○ Vegan	3 Potato Leek made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan	4 Mike's Turkey Chili made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan	5 Boston Clam Chowder made with Niman Ranch BACON ● Meat ● Wheat ● Dairy ○ Vegan	6 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan	
7 Vegan White Bean Roasted Garlic ○ Meat ● Wheat ○ Dairy ● Vegan	8 Chicken & Wild Rice made with Rosie's ORGANIC CHICKEN ● Meat ○ Wheat ○ Dairy ○ Vegan	9 Fresh Butternut Squash ○ Meat ● Wheat ● Dairy ○ Vegan	10 Potato Leek made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan	11 Mike's Turkey Chili made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan	12 Boston Clam Chowder made with Niman Ranch BACON ● Meat ● Wheat ● Dairy ○ Vegan	13 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan	
14 Vegan Broccoli Mushroom ○ Meat ○ Wheat ○ Dairy ● Vegan	15 Chicken Noodle made with Rosie's ORGANIC CHICKEN ● Meat ● Wheat ○ Dairy ○ Vegan	16 African Peanut Curry ● Meat ○ Wheat ○ Dairy ○ Vegan	17 Potato Leek made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan	18 Mike's Turkey Chili made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan	19 Boston Clam Chowder made with Niman Ranch BACON ● Meat ● Wheat ● Dairy ○ Vegan	20 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan	
21 Vegan White Bean Roasted Garlic ○ Meat ● Wheat ○ Dairy ● Vegan	Southwestern Chicken made with Rosie's ORGANIC CHICKEN ● Meat ○ Wheat ○ Dairy ○ Vegan	23 Fresh Butternut Squash ○ Meat ● Wheat ● Dairy ○ Vegan	24 Potato Leek made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan	25 Mike's Turkey Chili made with Diestel NATURAL TURKEY ● Meat ○ Wheat ○ Dairy ○ Vegan	26 Boston Clam Chowder made with Niman Ranch BACON ● Meat ● Wheat ● Dairy ○ Vegan	27 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan	
28 Chard Cannellini & Butternut ● Meat ○ Wheat ○ Dairy ○ Vegan	29 Chicken Noodle made with Rosie's ORGANIC CHICKEN ● Meat ● Wheat ○ Dairy ○ Vegan	30 African Peanut Curry ● Meat ○ Wheat ○ Dairy ○ Vegan	31 Potato Leek made with Niman Ranch BACON ● Meat ○ Wheat ● Dairy ○ Vegan	<p>Breakfast Shakes Healthy & Light</p>			

Stay healthy this winter - get a "Flu Shot".

Try the Immune Booster-"Flu Shot"
with apples, parsley, carrots, ginger, lemons



BRUNSWICK STORE
999 Sutton Way • GV
272-2043

DOWNTOWN GV
109 Neal St • GV
477-2253

AUBURN TOWN CENTER
340C Elm Ave • AUB
888-1011

MONDAY-SATURDAY 6AM-6PM
SUNDAYS 6AM-5PM

www.FlourGarden.com

Wishing you a happy & healthy 2018!

soup menu subject to change
without notice