

Stay healthy
this winter -
get a "Flu Shot"
at the Juice Bar.



Soup Menu

JANUARY 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Breakfast Shakes Healthy & Light</p>			<p><i>Happy New Year!</i> 1 CLOSED</p>	<p>Mike's 2 Turkey Chili ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>Boston 3 Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan</p>	<p>4 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan</p>
<p>5 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan</p>	<p>6 Chicken & Wild Rice ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>7 Minestrone ○ Meat ○ Wheat ○ Dairy ● Vegan</p>	<p>8 Chard Cannellini & Butternut ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>9 Mike's Turkey Chili ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>10 Boston Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan</p>	<p>11 Potato Cheddar ○ Meat ● Wheat ● Dairy ○ Vegan</p>
<p>12 Potato Cheddar ○ Meat ● Wheat ● Dairy ○ Vegan</p>	<p>13 Southwestern Chicken ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>14 <i>Fresh</i> Butternut Squash ○ Meat ● Wheat ● Dairy ○ Vegan</p>	<p>15 African Peanut Curry ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>16 <i>Organic</i> Black Bean Chili ○ Meat ○ Wheat ○ Dairy ● Vegan</p>	<p>17 Manhattan Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan</p>	<p>18 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan</p>
<p>19 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan</p>	<p>20 Chicken Noodle ● Meat ● Wheat ○ Dairy ○ Vegan</p>	<p>21 Southwestern Pumpkin ● Meat ○ Wheat ● Dairy ○ Vegan</p>	<p>22 Chard Cannellini & Butternut ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>23 Mike's Turkey Chili ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>24 Boston Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan</p>	<p>25 Potato Cheddar ○ Meat ● Wheat ● Dairy ○ Vegan</p>
<p>26 Potato Cheddar ○ Meat ● Wheat ● Dairy ○ Vegan</p>	<p>27 Southwestern Chicken ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>28 <i>Fresh</i> Butternut Squash ○ Meat ● Wheat ● Dairy ○ Vegan</p>	<p>29 African Peanut Curry ● Meat ○ Wheat ○ Dairy ○ Vegan</p>	<p>30 <i>Organic</i> Black Bean Chili ○ Meat ○ Wheat ○ Dairy ● Vegan</p>	<p>31 Boston Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan</p>	

Stay healthy this winter - get a "Flu Shot".

Try the Immune Booster-"Flu Shot"
with apples, parsley, carrots, ginger, lemons

BRUNSWICK STORE
999 Sutton Way • GV
272-2043

DOWNTOWN GV
109 Neal St • GV
477-2253

AUBURN TOWN CENTER
340C Elm Ave • AUB
888-1011

MONDAY-SATURDAY 5AM-7PM
SUNDAYS 6AM-6PM

www.flourgarden.com
soup menu subject to change
without notice

Wishing you a happy & healthy 2014!