

# BAGELS

Banana-nut  
Cinnamon-raisin  
Cranberry  
Everything  
Garlic  
Jalapeno cheese  
Onion  
Parmesan  
Pizza bagels  
Plain  
Pumpkin (seasonal)  
Poppyseed  
Salt  
Sesame  
Sprouted Wheat

Made with  
organic flours.

## SPREADS

Plain Creamcheese  
Sun-dried Tomato  
Onion-Garlic  
- also -  
Whipped Butter  
Organic Hummus  
Organic Peanut Butter

