




Soup Menu

OCTOBER 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Chicken Noodle ● Meat ● Wheat ○ Dairy ○ Vegan	2 <i>Fresh</i> Gazpacho with organic local heirloom tomatoes ○ Meat ○ Wheat ○ Dairy ● Vegan		4 Mike's Turkey Chili ● Meat ○ Wheat ○ Dairy ○ Vegan	5 Boston Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan	6 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan
8 <i>Southwestern</i> Chicken ● Meat ○ Wheat ○ Dairy ○ Vegan	9 Carrot Coconut Ginger ○ Meat ○ Wheat ○ Dairy ● Vegan	Pumpkin Muffins	11 <i>Organic</i> Black Bean Chili ○ Meat ○ Wheat ○ Dairy ● Vegan	12 Boston Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan	13 Minestrone ○ Meat ● Wheat ○ Dairy ○ Vegan
15 Chicken Wild Rice ● Meat ○ Wheat ○ Dairy ○ Vegan	16 <i>Fresh</i> Gazpacho with heirloom tomatoes ○ Meat ○ Wheat ○ Dairy ● Vegan	Pumpkin Pie	18 Mike's Turkey Chili ● Meat ○ Wheat ○ Dairy ○ Vegan	19 <i>Manhattan</i> Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan	20 Tomato Parmesan ○ Meat ● Wheat ● Dairy ○ Vegan
22 <i>Authentic</i> Tortilla Chicken ● Meat ○ Wheat ○ Dairy ○ Vegan	23 African Peanut Curry ● Meat ○ Wheat ○ Dairy ○ Vegan	Pumpkin Pecan Scones	25 <i>Organic</i> Black Bean Chili ○ Meat ○ Wheat ○ Dairy ● Vegan	26 Boston Clam Chowder ● Meat ● Wheat ● Dairy ○ Vegan	27 Minestrone ○ Meat ● Wheat ○ Dairy ○ Vegan
29 Chicken Noodle ● Meat ● Wheat ○ Dairy ○ Vegan	30 <i>Southwestern</i> Pumpkin ● Meat ○ Wheat ● Dairy ○ Vegan	Pumpkin Bagels	Try our..... <i>Pumpkin Spice Latte</i>		

DOWNTOWN GV
109 NEAL ST
GRASS VALLEY
477-2253
FAX 477-1334



BRUNSWICK STORE
999 SUTTON WAY
GRASS VALLEY
272-2043
FAX 477-4471



AUBURN TOWN CENTER
340C ELM AVENUE
AUBURN
888-1011
FAX 888-1012

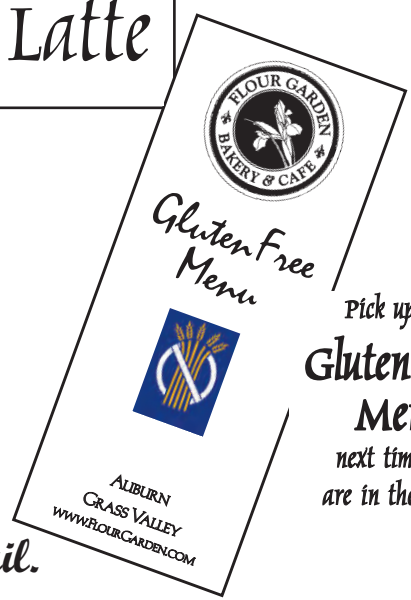


4 Kinds of Gluten Free Bagels

- BLUEBERRY
- EVERYTHING
- FLAXSEED
- JALAPENO-CHEDDAR

Soup Menu subject to change without notice!

Sign up to receive the Monthly Soup Menu via email.



Pick up our
Gluten Free Menu
next time you
are in the store.